



Island Tide

City of Poquoson Office of
Community Recreation Fall 2016



Recreation Programs & City Information
757-868-3580



Fall 2016

Welcome to the 2016 Fall and early Winter events at the Office of Community Recreation. We are excited to offer you a variety of fun programs and events during this season in Poquoson.

Enjoy Messick Point

The City of Poquoson Office of Community Recreation is now responsible for managing boat slip rentals at Messick Point. Slips are available to rent for a fee of \$100 per month for pleasure boats and \$60 per month for workboats. All slip renters are required to have proper insurance on all vessels. To lease a boat slip at Messick Point please contact the Office of Community Recreation at 868-3580.



If you or your group desires to use the area near the boat ramps (413 Messick Road) for an event or an activity, please contact the Office of Community Recreation. A new breakwater to protect the ramp, slips and floating pier is now complete. Hopefully this addition will preserve the area from future storm and wave action.

Picnic Shelter Rentals & Reservations

The City of Poquoson Office of Community Recreation allows for residents to reserve the picnic shelter at Municipal Park free of charge. The shelter is reserved on a first come first serve basis for residents. To reserve the shelter please call 868-3580. Please note that no water or electrical service is available at the shelter.



Odd Road Community Center

This building located at 49 Odd Road is available for rental by Poquoson residents, and for use by Poquoson Civic Groups. Capacity is 60 people. Reservations are taken by calling 868-3580.



Rental rate is \$40 per hour.

No alcohol permitted at the facility.



1. 36th Annual Poquoson Seafood Festival

Mark your calendar now for the 2016 Poquoson Seafood Festival. October 14-16, 2016.

Enjoy live entertainment, arts and crafts vendors, and plenty of food and fun for the whole family at this year's event.

Be sure to check the Festival website at www.poquosonseafestival.com for the latest information.

2. Create an Entry for the 2016 Poquoson Holiday Parade

Now is the time to start thinking about great ways to promote your business or organization. The 2016 Poquoson Holiday Parade is accepting applications for participation in the parade through November 18. This year's theme is a Picture Perfect Holiday. The Parade will be held on Friday, December 2, 2016 at 7:00pm. For more information contact 868-3588.

3. Take a Trip!

Enjoy a ride to Williamsburg's Grand Illumination on Sunday, December 4. For more information see page 7 to reserve your seat.

4. Go Play! Enjoy the New Play Area at South Lawson

This summer over 20 dedicated volunteers from the Poquoson Lions Club helped install our newest playground equipment!



Pictured to the right is the new playarea at South Lawson Park located at 1238 Poquoson Avenue. This structure is specifically designed for kids ages 2-5. This equipment was a project constructed and paid for by the Lions Club of Poquoson and a partnership grant from the Lions of Virginia Foundation.

Poquoson Office Of Community Recreation & Economic Development

Location: 830 Poquoson Avenue
Poquoson, Virginia
Office Hours Monday thru Friday
8:30am-4:30pm

| | |
|------------------------------|----------|
| Directory | |
| General Program Information | 868-3580 |
| Weather Cancellation Hotline | 868-3584 |
| Field & Picnic Shelter | |
| Reservations | 868-3580 |
| Registration Information | 868-3580 |
| Community Center Reservation | 868-3580 |
| Economic Development | 868-5314 |
| Poquoson Seafood Festival | 868-3588 |
| Parks Maintenance | 868-3590 |
| Parks and Recreation Fax | 868-3585 |

Email: Parks@poquoson-va.gov

Directions: From Victory Blvd.: Follow Victory blvd to the light at Wythe Creek. Cross over Wythe Creek at the light. The road becomes Little Florida Road. Follow Little Florida Road to Cedar Road. Turn Left on Cedar Road, follow to Municipal Drive. Turn left on Municipal Drive and follow past the swimming pool and near the baseball field. The large green building on the right is the Municipal Building.



Special Needs: The City of Poquoson is committed to making reasonable accommodations as required by the Americans with Disabilities Act. To request a reasonable accommodation please allow a minimum of 3 weeks advance notice of need. All accommodation requests must be made in writing to the Department. To begin the process call 868-3580.

Parks and Recreation Advisory Board

Keith Feigh, Chair
William, Ziglar, Vice-Chair
Judith Mas'Sey At-Large
Robert P. Chiera Jr. Central
Charles W. Gatz, Jr. Central
Jennifer Mosteller Eastern
John J. Foden Eastern
Carrie Rodgers Western
Deborah A. Banton Western
Martha Chiappazzi,
Student Representative

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Enjoy Your Recreation Facilities in Poquoson

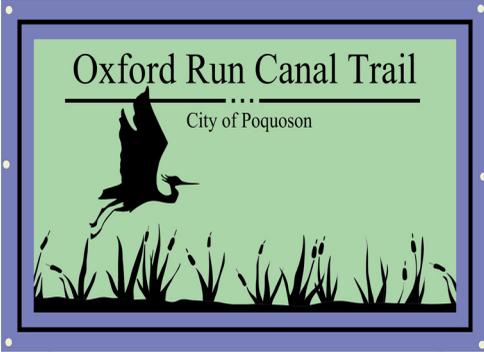


The Odd Road Community Center

This building located at 49 Odd Road is available for rent by Poquoson residents, and for use by Poquoson Civic Groups. Capacity for 60. Reservations are taken by calling 868-3580. Rental rate is \$40 per hour.

South Lawson Park

Home to 15 acres of multi-purpose field space primarily used for soccer play. This park also has some playground equipment and a walking trail.



Oxford Run Canal Trail

Located at 500 City Hall Avenue, Parking is available at City Hall for this unique 1.38 mile walking trail that connects areas along Wythe Creek Road to City Hall. Note the temporary entrance due to construction.

Kid's Island Playground & Phillips Park

Located in Phillips Park on Odd Road, Kid's Island is the City's largest & most modern playground.



Firth Field Complex

Located within Phillips Park, this full sized baseball field features dugouts and lights. Field dimensions are 60 X 90. Field rental rates apply. Call for availability.

Boat Ramps

The City's 87 miles of coastal shoreline make its water access a great amenity that all residents can enjoy. Boat ramps are free and conveniently located at Rens Road & Messick Point.



Municipal Park

This park features a small picnic shelter, Jr. Olympic size pool and small baseball/ softball field. Lighting available on athletic areas only. For picnic shelter reservations contact 868-3580.

Park Street Little League Complex

features 2 baseball fields, and 1 small minors softball field. Field rental rates apply.

Tennis Courts

7 tennis courts are available for play at Poquoson High School. Courts are both lighted and unlighted. Court use is free and open to the public when a scheduled activity is not being held at the courts. To check the schedule call 868-3580.

Poquoson Museum's Marsh Walk Nature Trail

Enjoy over 100 native trees and shrubs along the trail with 18 interpretive signs describing the marsh environment & wildlife habitat. Located at 968 Poquoson Avenue.



Paddle Poquoson

The City of Poquoson features 87 miles of coastal shoreline with many secluded coves and inlets. A paddler's paradise for canoes, small craft and kayaks you will be sure to enjoy the Poquoson Blueway. The City has 5 easily accessible launches with nearby or close parking. Usage of the ramps is free and open to the public.

The Poquoson River and Back River are accessible around the City and the areas abound with coastal wildlife, rich fishing grounds and numerous seasonal and indigenous birds. Many areas open into the Chesapeake Bay, making kayak fishing an enjoyable way to explore the Great Marsh.

Ramps or Put-ins for small craft can be found at:

Rens Road

Messick Point

Thomas Jefferson Rollins Natural Area (Amory's Wharf)

Cedar Road Landing

Hunts Neck Landing

Remember these safety tips as you paddle:

Always wear a lifejacket.

Know your ability and the demands of the trip.

Stay hydrated. Drink plenty of water and wear sunscreen.

Avoid paddling at night and during unstable weather.

Keep waterways and natural areas clean so others may enjoy their natural beauty.

Remember that tidal waters host an ever-changing environment, so a good scout report will be essential.



36th Annual Poquoson Seafood Festival



Visit the 36th Annual Poquoson Seafood Festival and experience the tastes of the Bay. Live entertainment, fun for kids, arts and crafts vendors and plenty of food make this a community wide event to see friends old and new.



**830 Poquoson Avenue,
Poquoson Municipal Park**

Friday, October 14, 5:00-10:00pm

Saturday, October 15, 10:00-10:00pm

Sunday, October 16, 12:30-6:30pm

www.poquosonseafestival.com

Full Entertainment Schedule online.

Visit the many arts and crafts vendors, delicious food vendors and more.

Spend a day at the Festival.

Parking Fee: \$5.00 per car.- all areas.

Poquoson Seafood Festival Workboat Races

One of the most prestigious Workboat Races in the Hampton Roads Area is conducted on Poquoson's Back River with area Chesapeake Bay Dead Rise Boats and other working watercraft.

Come enjoy this annual salute to the working watermen of Hampton Roads at Messick Point.

Kick-Off Party Saturday, October 22 Time: 5-9pm

at Messick Point

Entertainment featuring Relix Band

Food & beverages will be available for purchase.



Workboat Races Sunday, October 23 Time: 1pm

Hosted by Pomoco Nissan

at Messick Point

The Parade of Boats will be held prior to the start of the races.

For More Information Contact Sonny Insley at 868-4744.



Holiday Happenings



13th Annual Poquoson Holiday Parade

2016 Theme: "A Picture Perfect Christmas"

Friday, December 2, 2016

7:00pm



Now accepting entries. Deadline to enter is November 18.

Grand Marshal(s) will usher in the traditional line-up of bands, parade floats, classic cars and twirlers followed by Santa!

Parade Route: Poquoson Ave. @ Wythe Creek Rd., to Wells Fargo Bank @ Victory Blvd.

Followed by: Refreshments served at Dominion Village of Poquoson

Sponsored by: City of Poquoson and Dominion Village of Poquoson

The Poquoson Volunteer Rescue Squad & Volunteer Fire Co.

Info. - Event's Office at 868-3588 or Deborah.Mahanes@poquoson-va.gov

Holiday Cookie Shop

Experience and learn the techniques to decorate your holiday cookies for gift giving. This cookie workshop will allow you to create stockings, candy canes, bells and other holiday cookie shapes that will be your canvas for creativity. Learn techniques using buttercream icing with holiday colors and festival embellishments. Take home your cookies and decorate them in the class session.

Ages 10- Adult. Make it a fun family holiday experience.

Option of 2 dates: You choose at registration: Wednesday, December 7 or Wednesday December 14 Time: 6-9pm

Location: Municipal Building Cost per person: \$25residents or \$35non-residents. Be sure to bring 2 large air-tight 8x8 containers, or larger, to take home your cookies. Instructor: Maryann Boho, Wilton Certified Decorating Specialist Program #107 Specify which date when registering.





Holiday Happenings

Trip to Grand Illumination in Colonial Williamsburg

Sunday, December 4, 2016

Travel with Poquoson Community Recreation Office via school bus to enjoy this fantastic holiday celebration in the historical district. Departs from Poquoson Police Station at 3:30pm.

Returns later that evening following fireworks. Outdoor weather appropriate clothing & walking shoes advised. Cost: \$2.00 per resident; \$5.00 for non-residents.

You must pre-register in advance and pick up a boarding pass at Community Recreation Office.

Must have a minimum of 20 participants. Note: There are no refunds once registered & paid.

Please note when registering: 1 person may only register themselves and 1 other guest. No group registrations accepted. Only immediate family members may be registered by one person (living in the same household). Limited to 45 participants. Program #206

Gingerbread House Construction- Bake-Off Challenge

Your challenge should you choose to accept it is to build the best, most creative and original Gingerbread House! the City Has ever seen!

Entries accepted from Teams- for Civic and Community Groups as well as individuals
Entry Categories.



How it works: You and your team- comprised of a civic group, cub scout pack, or other community group is invited to construct an architectural masterpiece that is one of kind and submitted for judging.

Houses may be constructed using base kits. All materials in the construction process must be edible. - Candies must be unwrapped. Awesome prizes for individuals and teams competing. Points awarded for originality and creativity.

When to submit your entry for judging: All entries must be dropped at the Municipal Building at 830 Poquoson Ave. on

Saturday, December 12, 2016 or earlier by 9am-12noon.

Once the judging is complete the Community Recreation Office will display them at Farm Fresh Poquoson.

Halloween-Treats that are Tasty & Frightening

Make your own hard candy lollipop treats for your sweet snacks and chocolate pretzels with candy molds and drizzles! We will have all of the frightening decorations to make them scary or less frightful, but definitely sweet. Open to kids ages 7-13, includes all supplies, plus samples that you make.

Date: Saturday, October 29 10:30am-12:30am

Cost: \$16.00 residents/ \$26.00 non-residents

Deadline to register October 26.

Minimum of 8.



Sports/Athletic Programs



Youth Basketball League

Season Runs Early December 2016–Early March 2017
Boys and Girls Ages 6-18
Registration Deadline: NOVEMBER 18, 2016 Program #300



Players MUST REGISTER by the deadline to be guaranteed a spot for team placement. Players who sign up late are not guaranteed placement & will be put on a waiting list until a spot is available. A late fee of \$15.00 per child will be charged after November 18, 2016.

All players will be assigned teams through a placement and evaluation process. Attendance at this evaluation program is critical. Parents will be notified of the evaluation times following registration. Volunteer coaches are needed for the league in all age divisions. Coaches may only have 1 assistant per team.

Players will be taken first come, first paid, as they register. Participation numbers are limited to the number of coaches available, and available gym space. The season runs from mid-December thru early March.

Games begin in early January. Practices begin in early December following evaluations and team placement.

Coaches will set practice times for teams. Practice nights and time requests will not be considered for team placement. Requests for specific practice times and/or coaches will not be honored. No special request for team placements are accepted- (carpools, friends, coaches, etc.)

Age Divisions within the League:

HOT SHOTS: Ages 6, 7 & 8 co-ed not yet 9 as of March 1, 2017. (Lowered hoops)

(Minimum age –must be 6 by 3/1/17; no younger players accepted)

Ages 9 & 10 not yet 11 as of March 1, 2017 Boys & Girls

Ages 11 & 12 not yet 13 as of March 1, 2017 Boys & Girls

Ages 13 & 14 not yet 15 as of March 1, 2017 Boys & Girls

Ages 15 thru those in 12th grade at Poquoson High School (with high school playing eligibility remaining)
Boys & Girls

*JV and Varsity High School basketball players are not permitted to play in the recreation basketball league.

To play above your respective age division: Players may move up an age division only at the request of the parent. To play above your appropriate age group, an Age Waiver must be completed at the time of registration. You may only play above your age group by one year. There are no exceptions to this rule. No player may play below their respective age division-unless there are special accommodations requested.

In order to conduct each age division, a minimum number of participants must enroll on time. Each age division is not guaranteed and holding divisions is based on enrollment numbers. No call-in registration is accepted. No registration is complete until the registration form is received and fee is paid in full. All registrations are taken at Poquoson Community Recreation. Registration forms and procedures are available within this guide, on our website, or at the Community Recreation Office. Cost per player: \$70, non-resident: \$80 (\$5 discount for siblings).

No refunds for Basketball will be granted for any reason after December 1, 2016.

Note: Late registration after December 3 will not be available.

Hoop It Up Basketball Ages 4-6

Together parent and child will work to learn passing, dribbling, and shooting skills. This program is not a league experience but an interactive skills program designed to teach the skills of basketball using fun games. Each player receives a junior basketball as part of the program. Open to Boys and Girls. Each player needs a parent present at each session ready to participate. Must be 4 by start of program.

Instructor: Joe & Darcey Chiappazzi; Shannon Ferguson

5 Sessions on Monday evenings; Poquoson Elementary Gym

Dates: January 10, January 17, January 24, January 31, February 7

Time each evening: 7:00-7:45pm

Program: #101 Cost: \$55 resident/\$65 non-resident

Deadline: January 3



Open Gym Basketball Men's

Saturday Mornings at the Poquoson Elementary School from 9-11am enjoy a pick up game or two. Open to Adult Residents. \$2.00 per player. October 22-November 19- Saturdays

Pay at the time of attendance. No pre-registration required.

Softball Clinic

This indoor clinic will provide basic instruction to enhance your softball game in the off season. Together the Poquoson High School Coaching Staff with former and current college players will bring you this quality instruction to improve your game. This clinic is perfect for the player who is just beginning and will include basic hitting fundamentals, and off season workout techniques to improve your on field game. This clinic will cover concepts essential to every player, regardless of skill or experience level.

Ages 9 and Up Dates: Saturday, December 3 and 10

Time: 9am-11:30am Poquoson Elementary Gym

Cost: \$45 residents/\$55 non-residents

Deadline: December 1 Minimum of 10

Clinic Director: Colleen Casey Varsity Softball Coach

Program: #102

Baseball Hitters & Fielders Clinic

Get game ready in the pre-season by attending these Sunday clinics designed to improve hitting and fundamental fielding skills.

Clinic Director: Kenneth Bennett & PHS Baseball Coaching Staff

Dates: Sundays, January 22, 29, & February 5

Sessions for grades 4-7 3:00-4:15pm #126 A

Grades: 8-12 4:30-5:45pm #126 B

Location: Poquoson High School Gym

Attend each session for \$20 per session or attend all 3 for \$50. Non-residents additional \$10

Deadline is January 18.



Baton Classes

Learn the skills to twirl baton and enjoy the fun of twirling with the Islanderettes.

Classes offered on Tuesdays at Poquoson Elementary School. Ages 4 and Up

Times range from 4-7pm based on age.

Registration is in 2 sessions

Session 1 is September thru Mid Jan.

Session 2 is January- May

Each session has a minimum of 15 class hours.

Cost: \$20 registration fee & \$90 Session 1

Session 2: registration fee waived if paid by Jan 31. & \$90 Session 2.

Fee is not pro-rated for late starters. Program: #111

All participants will need a baton, which will be ordered at an additional cost, approx. \$30.

The instructor will assist in ordering this item.

All baton students have the option to join the performance group-Islanderettes.

Riptides Swim Team

Youth thru age 18 Boys & Girls

Join the Winter Recreation Swim Team-The Poquoson Riptides. Open to youth who can easily swim 1 lap of 25 meters in freestyle, and who are comfortable in deep water. Practice will begin week of October 19



Practices are Monday, Wednesday and Thursday evenings at Langley Air Force Base Pool- Shellbank Recreation Center.

Must have a minimum of 20 swimmers to run the program.

All new swimmers will be checked for skill minimum. Contact the Office of Community Recreation for additional team details and full swimming requirements. Cost is \$65 per month on the payment plan, or \$325 Total for residents. Non-residents \$345. October thru March, and team packet with details is available at Community Recreation. High school swimmers welcome- with special fee program.

The team swims with the Virginia Community Swim League and swimmers typically swim a meet a month. Program#110 All swimmers must be registered by December 2 to swim remainder of season.

Run with the Bulls Kids Running Program

Get up and go run, Kids! Children are natural runners, but whether they are running with you or in an event, they require special care at every step of their development. This eight week program consists of education in running form, pace, cadence as well as healthy habits, nutrition, attire, injury prevention, and good sportsmanship.

This is a program that is non-competitive and promotes pride in accomplishment and personal improvement at any level. Each week the group will meet for approximately 60 minutes. Required equipment for participation is a pair of comfortable running shoes. No exceptions on shoes.

The program will culminate with runners having the option

Meets Wednesdays, October 19

December 14 (weather pending) 8 weeks.

No running week of Thanksgiving.

Time: 4:30-5:30pm

Location: Phillips Park- Kid's Island

Ages: 7 and Up

Cost: \$40 residents/\$50 non-residents

Deadline October 7

Instructor: Terie Cornelio, AFAA certified & Personal Trainer Program: #104



Indoor Field Hockey League

Poquoson Office of Community Recreation will be coordinating indoor field hockey teams for youth ages 6-14. Poquoson Community Recreation will be entering registered children into the Newport News Indoor Field Hockey League on teams that are coordinated by our office.

How to register: A parent/guardian must attend one of the 2 registration nights at 830 Poquoson Ave. at 6:00pm at Municipal Building:

Thursday, November 3 or Monday, November 7. *

There will be no early option to register or late option. These two nights will cover the registration. Send a representative in your absence if you can't make it.

Age divisions will be 6-8, 9-11 and 12-14.

Age is determined by January 1, 2017.

We will only make teams for the age divisions that we have enough to create a team of players.

The parent meeting will include program overview, completion of health forms and waivers, and go over equipment requirements. Please bring payment to the meeting. Cost is \$75.00 per player for residents. Non-resident registration will not be available until after November 9 on a space available basis only.

*Because this program is in cooperation with another municipality the deadlines are strict.

Youth Tennis Lessons

Ages 7 and up.

Boys & Girls

Learn the basics of the game of tennis. You'll learn to serve, forehand, body position, and footwork. Lessons run Saturdays for 6 weeks.

Dates: October 22, 29, November 5, 12, 19 & December 3

Location: PHS Tennis Courts.

Cost: \$65 Residents Non-Residents \$75

Time: 8-9am Beginners 9-10am Intermediate
(Must have enough participants for each session.)

Instructor: Anthony Coccimiglio

Students must bring their own racquet. Wear comfortable play clothes & tennis shoes.

Sundays will be the designated rain make-up day if necessary. Each group lesson is limited to 12 kids. Minimum of 6 needed.

American Red Cross Babysitting Course

If you are planning to babysit, take this class to give you the knowledge and skills necessary to safely and responsibly give care for children and infants. This training will help participants learn about basic child care and basic first aid, while developing their own babysitting business. Open to ages 11-15.

Limited to 10 kids.

Saturday, November 5

Time: 9am-4pm.

Deadline: November 1

Cost: \$45 residents

Non-residents \$55



Tai Chi

Looking for a non-aerobic form of exercise which will improve your balance, reduce stress, and improve flexibility? Tai Chi may be the exercise for you. We are offering the Introductory Tai Chi Form (9 Movements) in a 7 week series of classes.

This Tai Chi form is designed for beginners but will help more advanced students as well. The class will also include meditative breathing and Qigong, a series of powerful Traditional Chinese medical exercises to help maintain overall health.

Participants should wear loose fitting clothes & good walking shoes. For adults. All fitness levels welcome. Thursday evenings. Location: Municipal Building Classes will be held Wednesday Evenings 5:30-6:30pm Session is October 19- December 7- no class week of Thanksgiving. 8 weeks.

Cost: \$57 residents; \$67 non-residents

Instructor: Jack Fuller Class minimum of 8.

Register 5 Days before the session starts.

Program: #125

Welcome our new instructor Mr. Jack Fuller

Jack teaches Tai Chi from Richmond to the Middle Peninsula and is a resident of Mathews County. Jack has been a trained Tai Chi instructor for over 17 years and has over 600 students at various learning venues and recreation courses. Jack has made his own Tai Chi Cd, and loves to share the benefits of practicing Tai Chi and how it can benefit you.

girls' CHOICE ^{PETITE} Retreat

DECEMBER, 2016



SIBYL SMITH, CPT, LIPN COACH



LISA VAN AHN, US NATIONAL KICKBOXER

The Girls' Choice Retreat - Petite Retreat! Join us this December for our post-holiday "Petite Retreat"! While we are still working on details, this will be a 1-day event for girls of all ages. Join us for an exciting day of self empowering workshops, breakout sessions and self protection techniques in a safe environment. More details to come - this event will be held the week after Christmas!

Lead by Sibyl Smith, CPT and LIPN Nutrition Coach and Lisa Van Ahn, athlete with the US National Kickboxing Team (IAMINITIATIVE.COM)

Watercolor workshop



The product is the process! Explore different styles and techniques using watercolor paints to create a master-

piece, while following along to complete your very own sea turtle painting. All material and supplies provided with class fee. No experience required!

Instructor: Sarah Hair Olson, local artist

Class will meet 2 evenings 6:00-9pm

Municipal Building Date: November 2 and 3

Cost is \$58; non-residents: \$68

Deadline to register: October 27 Program #123

Alcohol Inks: Creating Fabulous Florals

Learn to paint with vibrant alcohol inks! We will be exploring the properties that make these inks so exciting to work with and to see by making several paintings during this 3 hour class.

All materials included. Instructor: Sarah Hair Olson, local artist. Class will meet November 15

6:00pm-9:00pm Class held at

Municipal Building

Cost is \$52; Non-residents: \$62

Deadline to register: November 10.

Program: 124



Digital Photography 101

Do you want to improve your skills but ultimately take great pictures? Digital photography has, at the same time, made the craft of photography both more rewarding and more complex. This is an introductory level class that outlines the basics of photography; learn about elements of exposure (aperture, shutter speed, ISO), white balance, etc. Beyond the mechanics, the instructor will address issues of understanding light, shadow, and perspective. Finally, the course will provide an overview of issues associated with digital photography workflow beyond the point of image capture, digital asset management or file storage, color management, some of the software options available and what capabilities they offer.

Location: Municipal Building

Instructor: Gary Hess from ViewFinder Photographic Art

Date: Monday, December 12

Time: 6:30-9pm

Municipal Building. Deadline is December 4.

Cost: \$35 residents; \$45 non-residents

No camera required. Program #143

12



Pistol Safety Course

Learn firearms safety, law and familiarization of handguns and ammunition, how to handle a weapon safely, and laws regarding use of firearms in self-defense. This one evening course will cover many do's and don'ts for carrying a weapon for self defense. As part of the course those students who wish to later apply for a concealed handgun permit may take a written test, and upon successful completion of the test, a certificate will be provided that will allow you to apply for a Virginia Concealed Weapons Permit with the local court. No gun ownership required. If you have a gun do not bring it to class until the instructor instructs you to do so. Class open to any age 21 or older. This course meets one evening. Time: 6-9pm.

Location: Municipal Building

Cost per student: \$55 residents/non-residents: \$65

Each course limited to 10 students.

Choose the date when registering:

November 1 November 17

December 8 January 12

January 26 February 9

Instructor: Perry Bartels is a 22 year police veteran and firearms instructor. He is a certified instructor with the Virginia Department of Criminal Justice Services.

Must register 5 days in advance of the course.

Spaces will fill quickly, this course has been very popular in the past.

Editing Photos Using Lightroom

Ages 16-Adult

This course focuses on what comes after you take the picture – how you manage your digital image files and how you “process” them. Starting with an overview of Digital Asset Management (DAM), the course then moves to an overview of one of today's primary software programs used to manage and process files – Adobe Lightroom. An overview of all of the modules and capabilities within Lightroom will be provided as well as a real time on-screen demonstration of how Lightroom works. This class is targeted for the beginner to intermediate level of knowledge about photography, digital cameras and image editing software.

Date: Thursday, December 15

Time: 6:30-9pm

Class held at the Municipal Building

Cost: \$35-residents \$45 non-residents

Diner's Club

Mature Adults

Join us for a fine lunch out! Pre-register for each trip. Must have a minimum of 8 for each trip. Cost is \$6.00. Cost of lunch on your own.

Tony & Milena's Pizzeria, Gloucester Date: Thursday, November 10 Depart 11:00am #161 DC

Anderson's Cafe and Sage Kitchen, Newport News, Great lunch and some shopping time included!
Date: Tuesday, December 13 Depart 10:30 #162 DC

BJ's Brewhouse, Newport News, Date: Tuesday, January 10 Depart 11:00am #163DC

Olivia's in the Village, Gloucester Date: Thursday, January 26 Depart 11:00am #164DC

The Point at Phoebus, Hampton, Date: Thursday, February 9 Depart: 11:00am #165 DC

Diner's Club Policies

All trips are taken in a 15 passenger van and depart from the Municipal Building. Transportation cost per person per trip is \$6.00. The cost of lunch is on your own. To register for the Diner's Club please use The TRIP REGISTRATION FORM available at Poquoson Parks & Recreation. No call-in registration is accepted. No registration is complete until full payment is received. When registering, 1 person may only register for themselves and 1 other guest. No group registration is accepted. Cancellation Policy for Diner's Club Trips: In an effort to control costs and continue to offer programs, PPR can no longer offer participants a refund or credit regardless of reason for cancellation of the Diner's Club Trips. All registrations are non-refundable. For further details see Trip Registration Form.

You're Invited... To Poquoson's Senior Center



Senior Center: All Are Welcome

Mondays, Wednesdays & Fridays.

Lunch Served and Fun Activities

Located at the Municipal Building

830 Poquoson Ave.

To attend & register please call 873-0541.

This program is in partnership with the City of Poquoson and Peninsula Agency on Aging.

New participants always welcome.

Meals on Wheels

Meals on Wheels delivers hot lunches to seniors ages 60 and over who are homebound due to illness or disability and are unable to sufficiently prepare meals for themselves.

This program is supported by funding from federal, state and local governments.

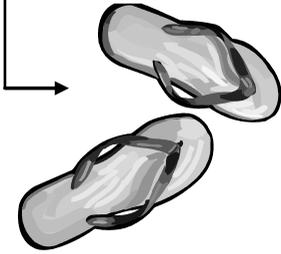
The rest is funded by recipients of the meals, and concerned agencies, citizens and donations.

To obtain more information or to receive meals, please contact 873-0541.

This program is supported by the Peninsula Area on Aging.

3 Ways to Register

WALK-IN



Visit Us! We love to see you.

Office hours are Monday thru Friday

8:30am-4:30pm at the Municipal Building

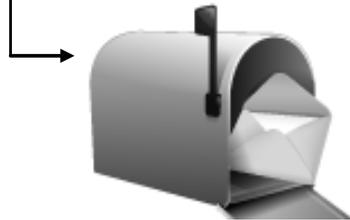
830 Poquoson Avenue, Poquoson VA 23662

757-868-3580

Check, Cash, Visa or Mastercard

After hours you may utilize our drop box on the front of the Municipal Building

MAIL-IN



Make Checks Payable to

“Poquoson Parks & Recreation”

Send Registration to:

Poquoson Parks & Recreation

830 Poquoson Ave

Poquoson , VA 23662

FAX-IN



Complete the registration

Form and Fax it to 757-868-3585.

Mastercard or Visa payment only accepted by fax. Be sure to sign your registration form and provide all proper credit card information.

Note that on all credit card payments a 2.5% Service fee will be charged.

Registration Policies

Though we do our best to secure program locations, details, and times, occasionally we must make changes to schedules, times or locations for programs. This can be due to any number of factors, included but not limited to, facility concerns, maintenance, joint scheduling with the school system or required changes from the initial planning at the time of publication. Enrollment numbers for programs can also facilitate these changes. If this occurs please be aware that we will make every effort to contact you with the information you have provided on your registration form. All programs listed within this publication are filled on a first-come, first serve basis, unless noted. Your receipt is your confirmation. Each program must draw a minimum number of participants or it will be cancelled. The City of Poquoson reserves the right to cancel, postpone, or combine programs, or change instructors to best provide the program for everyone.

If an activity is cancelled due to low enrollment, you will be refunded your total program fees, less credit card transaction fees. Please remember that an accurate, complete, and legible registration form is vital for us to contact you.

Please be sure to observe all closing dates for activities. Program fees must be paid at the time of registration. No Call-in registration is accepted. Payment is accepted in either cash, personal check, VISA or MasterCard. When payment is made using credit card a 2.5% convenience charge is added to the total for processing.

REFUNDS: By registering for a program you agree to the following & in all cases understand that:

No refunds will be granted after the first class has begun.

No refund will be granted to a participant if you cancel later than 2 business days prior to the start of class.

No refund will be granted when supplies have been purchased on your behalf, regardless of the time of notification.

Specific programs have a no refund policy; this is noted in the program description.

Cancellation policies for facilities rental/use are stated on the respective reservation/use forms.

In the event of sickness or injury, refunds must be requested in writing, and in person at the Parks and Recreation Office.

A doctor's note must be provided with the request. A refund is not guaranteed in this case but may be considered and/or pro-rated.

A \$10 service charge will be deducted from all refunds.

Refunds will not be granted as a result of schedule changes due to weather. Poquoson Parks and Recreation does not prorate refunds.

No refund is guaranteed unless the requestor has a receipt showing proof of payment.

Parks and Recreation reserves the right to handle a request on a case-by-case basis.

City of Poquoson Office of Community Recreation
REGISTRATION FORM

Please remember that an accurate, complete and legible registration form is vital for us to contact you.

| | |
|--|--------------------------|
| Participant Name: | Male or Female |
| Address: | |
| City: | State: |
| Zip: | |
| Participant Date of Birth: | Age Today: |
| Shirt Size: YS YM YL AS AM AL AXL AXX | |
| Parent/Guardian Name: | |
| Email Address: (Required) | |
| Primary Phone Contact: | Alternate Phone Contact: |
| <input type="checkbox"/> I or My Spouse is willing to Coach/Name of Prospective Volunteer: | |

| Program Number | Program Name | Fee |
|----------------|--------------|-----|
| | | |
| | | |
| | | |

Credit Cards Accepted
 MasterCard and Visa

Name as it Appears on Card _____

Signature: _____ Expiration: _____

Card # _____ - _____ - _____ - _____ - _____ Ein: _____
 (on back of card)

I authorize the charges for programs on my card, and I understand I will incur a 2.5% convenience fee for Credit Card Processing.

Credit Card Convenience Fee + 2.5% _____

Special Needs or Accommodations:

Make checks payable to
 Poquoson Parks & Recreation and
 mail with form to
 Poquoson Parks & Recreation
 830 Poquoson Avenue
 Poquoson, VA 23662
 or deliver to our office at the above
 address. (Use our drop box for after hours)

PLEASE READ WAIVER AND SIGN BELOW- Each adult must sign a separate waiver.
 A parent/guardian must sign for their children ages 17 and under.
 I have had explained to me the nature of the activity in which I am or my child is being enrolled.
 I understand that there are certain risks associated with this activity & that it is the duty of each participant to exercise reasonable care for his own safety and that of other participants. If this consent is given for my child, I also understand that, while participating in the activity, my child will be expected to behave in a reasonable and responsible manner and that the activity's supervisory staff have the authority to discipline my child in a manner similar to that imposed in Poquoson City's public schools. While it has been explained to me that the City of Poquoson prides itself upon the competency and dedication of its staff, I understand that, under Virginia law, both the City of Poquoson and its employees, its officers, and agents are immune from liability for negligence should I or my child suffer any injury while participating in the activity and that I may consider procuring insurance to protect myself or my child from such occurrences. With all of this in mind, I hereby give my consent to enroll me or my child in the activity listed above, specifically agreeing and consenting to the following where applicable:

- (1). I agree to allow photographic images of myself (my child) to be taken and utilized for promotional purposes by the City of Poquoson
- (2). I agree to allow myself or my child to be transported from the publicly advertised pick-up site to participate in the activity(s) listed above at the site identified in the activity information should it be required as described in the program.
- (3). I will be responsible for the payment of fees imposed by the City for the activity(s) I am registering.
- (4). I agree that I will and my child will behave in a sportsmanlike manner, and will not harass, or behave in a negative manner towards any coaches, children, referees or those in attendance at any Parks and Recreation Activity that I or my child may be attending or participating in at any time. And, I further understand I can be removed for such occurrence at the discretion of PPR officials, to include myself, my child or those in attendance related to my child's attendance at any time for said behavior.

I agree for my phone, address, and email information to be provided to coaches and/or instructors as necessary as related to the program I am registering.
 I have read the Refund Policies of the Department and understand they are available for review at the Parks and Recreation Website, and at the PPR Office.



Poquoson Public Library

Bookmarks

Volume 18, Issue 2

Fall 2016

Welcome New Director

We are very happy to announce our new library director is Jessica Hartley! She comes to us from the Chesapeake Public Library system and starts her new job on August 29th. Make sure to stop by and welcome Ms. Hartley to the Poquoson community.

Celebrate Our 40-Year Journey

Sunday, October 9 2:30 - 4:30 PM

2016 marks the 40th anniversary of the Poquoson Public Library. We have come a long way from our humble beginning in 1976. The library was established in a white wooden house on Odd Road as part of the Bicentennial Celebration. It was moved in 1983 to a vacant bank building on Poquoson Avenue, and again in 1997 to its current 14,000 square foot facility on City Hall Avenue. The library has grown to meet the needs of our community and our 13,000 patrons. To celebrate this auspicious occasion, join the Library Advisory Board, Friends of the Library, and Library staff on Sunday, October 9th from 2:30 pm to 4:30 pm for light refreshments, crafts, and a display of library memorabilia.

Meet Adriana Trigiani

The author of sixteen New York Times bestsellers will present an author talk and book signing, followed by a reception, starting at 7:00 pm on Thursday, October 13, 2016, at Christopher Newport University's David Student Union. This is the tenth major author event presented by the Virginia Peninsula Literary Consortium. Free tickets will be available at the library on Monday, September 12th at 10:00 am, on a first-come, first-served basis with a limit of two tickets per person while supplies last.

Get Tech Savvy @ Your Library



Cyber Rookies **Computer Classes for Beginners** Fridays, 10:00 AM - Noon

- Computer Basics Sep 30
- Internet Oct 7
- Email Oct 14
- Basic Microsoft Word Oct 21
- Intermediate Microsoft Word Oct 28
- Basic Microsoft Excel Nov 4
- Discovering Social Media Dec 2

Register online or @ the Circulation Desk.

Stress-Free Technology

iPad for Beginners

Monday, Oct 10 7:00 - 8:30 PM

Bring your Apple iPad or iPhone and let us help you get the most from the tablet's rich set of apps and features.

Fun with Digital Books

Monday, Oct 17 7:00 - 8:30 PM

Learn how to find and download eBooks and audiobooks using the library's free resources.

Register online or @ the Circulation Desk.

Need Computer Help ?

Let staff assist with your software questions.

Tues & Thurs 1:30 - 2:30 PM

One Stop, Unlimited Possibilities



Kids' Spot

Fall Storytimes

September 19 - December 16
(No classes Nov 21-24, Thanksgiving week)

RHYTHM & RHYME

Child & Parent/Caregiver
2 year olds & up Mondays 10:15 - 10:45 AM

STAY AND PLAY

Child & Parent/Caregiver
2 year olds & up Mondays 10:45 - 11:30 AM

ALPHABET SOUP

3 year olds & up Tuesdays 10:15 - 10:45 AM

PAJAMA PALS

3 - 8 year olds & family Thursdays 7:00 - 7:30 PM

Babygarten

Two 6-week Sessions

Sep 21 - Oct 26 & Nov 9 - Dec 14

Wednesdays: 10:00 - 10:45 AM

OR

Wednesdays: 11:30 - 12:15 PM

This program brings 2 - 24-month olds and their parent or caregiver together to share in 45 minutes of stimulating nursery rhymes, songs, reading, and play.

Register online or at the Circulation Desk.

LEGO Club

3rd Tuesdays 4:45 - 5:45 PM

September 20 - A New Start
October 18 - Happy Birthday!
November 15 - Be Thankful

Calling all 6 - 12 year olds! Bring your imagination and creativity to put together LEGOs that tell us about these different themes.

Register online or at the Circulation Desk.

Super Sunday October Fun

Happy Birthday!



Sunday, October 9 2:30 - 4:30 PM

All ages, drop-in and celebrate our Library's 40th Birthday! Make birthday hats and eat cake. Let's have FUN!

Oodles of Noodles

Sunday, October 23 3:00 PM

Calling all preschoolers! You won't believe the oodles of fun we can have with pool noodles! Come learn more about and help us celebrate our 1,000 Books Before Kindergarten readers with this fun activity.

Register online or at the Circulation Desk.



"Secret Life of Pets"

Sunday, November 6 3:00 PM

All Ages! Find out about the REAL "Secret Life of Pets" as the SPCA shows us how we can choose and adopt a pet best suited for our family, and teaches us how to care for our pet. There will be live pets for us to see and touch! Bring shoe boxes, dog treats, or cans of cat or dog food to donate to this wonderful, non-profit organization.

All ages, register online or at the Circulation Desk.

Gingerbread Houses

Sunday, December 4
2:00 - 2:45 PM OR 3:30 - 4:15 PM



Decorators of all ages are invited to create your own unique gingerbread house for the holidays! Let your creative juices run and have a great time making a fun decoration to put on display in your home or gobble right up!

All ages, register online or at the Circulation Desk.

Teen Scene



Teen Advisory Board Meeting Mondays

Calling 6th through 12th graders! The Teen Advisory Board needs YOU! Come hang out with others who enjoy reading and want to make a difference in our library and community. In exchange for your help and ideas, you'll learn organization and planning skills while adding terrific community service experience to your resume and/or college application.

**Our fall meetings will run from 4:30 to 5:30 PM
on the following Mondays:**

September 12

October 10

November 14

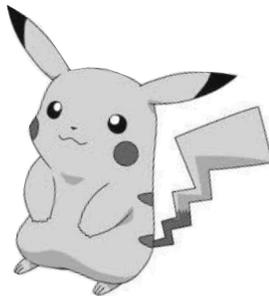
December 12

Pokémon Go - Rest Stop

Tuesday, October 25

4:45 - 5:45 PM

Trainers, join us to explore the latest craze. Come learn and discover tips and tricks of the game and talk with other trainers who like to play. What Pokémon have you found and where? Pokémon treats will be served. Trainers must bring their own devices.



*6th - 12th grades, register online
or at the Circulation Desk*

Design a Birthday Bookmark

Mark your page! Calling artists of all ages, enter our design-a-bookmark contest to help us celebrate our 40th Anniversary. Entry forms are available at the circulation desk and will be accepted until October 3rd. Winners will be chosen from several age categories and announced on October 9th at our 40th Anniversary Event.

Tween Talk Earl of Sandwich

Thursday, October 6

5:00 - 6:00 PM

Tweens, ages 9 - 12 years, come explore the world of sandwiches. Do you know how the sandwich got its name? How many different sandwiches can you list? Come and make sample sandwiches as we explore all things sandwiches through books in the library.

*Tweens, ages 9 - 12 years, register online
or at the Circulation Desk*

Book to Movie Fantastic Beasts and Where to Find Them

Tuesday, November 15

7:00 - 8:00 PM

Magizoologist Newt Scamander requests your presence in exploring creatures from the world of Harry Potter. Take a peek in the briefcase with us before the movie launches.

*6th - 12th graders, register online
or at the Circulation Desk*

Tasty Treats Made by Teens

Sunday, December 4

1:00 - 4:00 PM



Come one, come all, to satisfy your sweet tooth and help the Teen Advisory Board earn money to sponsor the spring Poetry Contest here at the library. Buy tasty treats and contribute to a most literary cause!

One Card Opens a World of Possibilities

September is Library Card Sign-Up Month and a good time to come see what your library has to offer. Did you know that among other things you can see an art show, hold a community meeting, apply for a passport, and have a document notarized at your library? Poquoson Public Library offers many services, as well as current books, magazines, movies, and downloadable items for all ages. With a library card you have 24/7 access to the library's online resources. Come get your free library card to gain access to unlimited possibilities.

Adult Coloring Club

3rd Wednesdays 6:30 - 8:30 PM
Sep 21, Oct 19, Nov 16, Dec 21

Come de-stress at the library and meet some new friends. Unleash your creativity by spending time coloring your cares away. Coloring sheets and pencils are provided or bring your own.

Register online or at the Circulation Desk.

Wine Glass Artistry



Monday, November 14
7:00 - 8:30 PM

Creatively decorate a wine glass with paint and a charm. Great gift giving idea for the holidays. Bring your inspiration and a wine glass to decorate.

Register online or at the Circulation Desk.

Planning Your Next Career Move

Thursdays 10:00 AM - Noon
Oct 13, Nov 10, Dec 8

Need help with your job search, application process, resume, or interviewing skills? Join us to examine the Virginia Workforce website and get help developing the skills you need to make a good impression.

Register online or at the Circulation Desk.

Ghostly Experiences

Monday, October 24

7:00 - 8:30 PM

Join Jeff Santos and Linda Cassada from Virginia Paranormal Investigations as they discuss the fundamentals of ghost hunting, including procedures, equipment, types of hauntings, and solutions to paranormal problems.

Register online or at the Circulation Desk.



Among Friends

Friends of the Poquoson Library is a non-profit organization that provides advocacy and financial support for the library. The Friends raised over \$10,000 for library programming and equipment in FY 2016. Become a Friend of the Library today. Call 766-7931 for more information.

Fall Book Sale, October 28-30

Save the date! The sale will be held in the library lobby with all proceeds benefiting the library. Donations to our book sales are accepted all year round during normal library business hours.

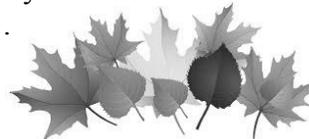


\$1,000 Scholarships

This year's recipients of the Elizabeth Tai Scholarship were Daniel Tyler, a PHS senior, and homeschoolers Rachel Bradley and Justin McDaniel. Twenty-seven scholarships have been awarded to deserving students since 2003. This scholarship is open to graduating high school seniors who have volunteered at the Poquoson Public Library.

Books a La Carte - Stop in and shop at the ongoing used book sale located in the back of the library. You will save money on great reads, benefit the library, and help your community. Gift cards are available.

Book Club - Members meet the 3rd Wednesday of the month at 10:00 am in a member's home to discuss books chosen by the members. For more information call 766-7931.



Poquoson Public Library

500 City Hall Avenue • Poquoson, Virginia 23662
757-868-3060

library@poquoson-va.gov • www.poquoson-va.gov/library
Amy Blow, Interim Director
Howard Maltz, Editor

Hurricane Ready - Pet Preparations - From the Office of Planning

For many of us, our pets are like family members, so you want to make sure they are taken care of when a hurricane hits. If you plan to evacuate, **DO NOT LEAVE YOUR PETS BEHIND!** It is important to call your nearby office of emergency management to see where you can take your pet. Public shelters may not allow pets, so you'll need alternative options such as a pet-friendly hotel/motel or make arrangements with friends or relatives outside the area. The American Society for the Prevention of Cruelty to Animals (ASPCA) and The Humane Society offer tips to help you prepare if you remain at home with your pet or travel to a shelter.

Put a collar and current ID tag, including your cell phone number, on your pet. Most veterinary clinics can microchip your pet. If your pet is lost, you'll have a better chance of being reunited if they are microchipped.

Make sure your pet is current on all vaccinations. If you have to take your pet to an emergency shelter, you need proof your pet is up-to-date.

Create a pet disaster-preparedness kit. This kit should include:

- Food (pop-top canned or dry) and water for at least five days
- Medications and medical records
- Disposable litter trays and litter (aluminum roasting pans will work perfectly)
- Garbage bags for clean up
- Liquid dish soap or disinfectant wipes
- Paper towels
- Blankets
- Sturdy leashes and harnesses
- Large carriers; big enough for your pet to stand, turn around, and lie down. Some shelters may require pets to stay in a carrier for hours at a time.
- Current photos of your pet. This will help others identify them in case you become separated.



Christmas Tree Recycling Drop-off

Will be in the pool parking lot from December
25th to January 20th.

Remember, trees must be free of all lights,
ornaments and decorations.



Fall Leaf Program

Starts Monday, November 7

Rake them,
Bag them,
& leave them curbside!



This program is provided by Solid Waste, for more details

call 868-3598.

Produce for Healthier Living

Food Distribution

Eligible Residents of Poquoson & York County



WHEN: October 25 November 22 December 20
January 24 February 28 and March 28

TIME: 10am– 1pm WHERE: MUNICIPAL BUILDING– 830 Poquoson Ave.

A Bag of TEFAP-USDA Commodity foods will be distributed on a first come, first serve basis to income eligible households. A short, completely confidential form must be completed. Additionally, a small produce bag will be available for distribution.

This is a collaborative effort between the Virginia Peninsula Food Bank and our local community groups who graciously assist with distribution. If your group would like to help distribute food please contact Buddy Green at 757-751-5772

Poquoson's DMV Select

City Hall is home to a DMV Select Office which allows customers to visit the DMV (Virginia's Division of Motor Vehicles) in Poquoson to handle vehicle titling, registration transactions and other needs to include license plates, placards, and driver transcript requests. The Select Office does not handle Driver's Licenses or Identification Cards; however, the mobile unit, known as the DMV2GO does. As a new service the Select Office now handles boat registration and titling, and sells hunting and fishing licenses.

The DMV2GO van visits Poquoson at City Hall, 500 City Hall Avenue, on a regular basis to offer the full array of DMV services.

Mobile DMV Services will be available: November 8 and December 13 from 9AM-4PM

The City of Poquoson would like to
Thank CRF, IN (Langley Speedway Property), Emmaus Baptist
Church, & Victory Christian Church for providing their property as
inclement weather emergency parking in 2016 as needed.

Thank You!

Thank You!



Virginia Cooperative Extension

Virginia Tech • Virginia State University

Programs & Events Offered by York-Poquoson Cooperative Extension

Healthy Virginia Lawns Program

This program is designed to assist York and Poquoson residents with taking care of their lawn in an economic and environmentally sound manner. For \$20 York and Poquoson Master Gardeners will, visit your site, measure your yard, take a soil sample to be analyzed by Virginia Tech, provide you with CUSTOMIZED feedback for your yard and answer any questions you may have about your turf. These visits will take place in April. Call our office at 890-4940 to register.

VCE Master Gardener Help Desk

Volunteers can assist you in diagnosing disease or insect problems, advising on lawn and plant care, identifying plants and weeds, and provide other VA Tech VCE research-based information and publications relating to landscape and gardening issues. Help Desk Hours are Monday & Wednesday 9am-12pm. Call 890-4940 or e-mail yk.pq.mg@gmail.com. For more information on this program, visit our website <http://www.yorkcounty.gov/vce>.

4-H Volunteers Wanted!

The 4-H program in York County and Poquoson is looking for adult volunteers to lead youth 4-H clubs and programs. As a 4-H Volunteer you serve as a mentor to youth as they develop life skills and explore interests through club activities and educational programs. Volunteers are needed to help lead robotics, STEM (Science, Technology, Engineering, and Math), teen leadership, environmental education/outdoor adventure, cloverbud (for youth ages 5-8 only), and archery clubs. As a volunteer club leader you would receive training and curriculum for the topic area and support from the 4-H office throughout the year. Share your talents and interests with youth in our community and help them develop into successful, contributing adults! For more information contact the Extension office at 757-890-4940 or saupton@vt.edu.

To access any of our events, or to receive more information about our programs, please visit www.yorkcounty.gov/vce

**City, Region and State seeking
New Business Start Ups**



There has never been a better time to start a new business! The economy is starting to turn, houses are selling and new construction has started and there are many systems being put in place to assist the development of new business and to help existing small businesses grow. The emphasis on Economic Development from the local level, through the region and State and all the way to the Federal Government, has sparked an unprecedented interest in and support of new and start up business. This has led to a large number of programs and opportunities for new businesses and the Poquoson Economic Development (ED) Office has participated in and supported a number of these organizations and activities that assist entrepreneurs.

We are seeking individuals living in Poquoson who are starting businesses or who have ideas for new business and need some guidance and assistance to take them to the next level.

Poquoson's ED Office assists entrepreneurs with business plans, seeking funding and navigating the sea of rules and regulations that govern the operation of businesses. Local, Regional and State programs are available offering classes and resources to assist start-up businesses in improving and growing existing businesses. You should be aware of upcoming events offering a chance to compete for cash prizes to help you start and grow your business.

In order to compete for these prizes, the ED Office would like to set up a special class in Poquoson to train you to "pitch" your business. Please contact Charity Gavaza soon if you would like to participate in a prep event or if we can assist you in any way with your business development plans.

VIRGINIA VELOCITY TOUR - <http://virginiavelocitytour.org/apply/>

START PENINSULA - <http://startpeninsula.com/>

The 5th Annual START Peninsula event is scheduled for this November 4 - 6 at Thomas Nelson Community College. Prep classes will be offered to assist you in honing your "pitch" for the best chance to win up to \$10,000 cash and other valuable mentoring and prizes.

REGIONAL ANNUAL CONFERENCE - Poquoson and neighboring communities are working together to offer access to the entrepreneur support community with seminars and contests. Locality representatives are meeting to establish a larger, regional event offering one-stop contact with all the resources you need. Watch for more information soon.

Let the City of Poquoson Office of Economic Development know if you are interested in participating in any of these events so we can assist you with your preparations. email - Charity.Gavaza@poquoson-va.gov

POQUOSON IS THE PLACE



... And You're Invited!

ENJOYVA.COM

POQUOSON IS
THE PLACE
For Fun!
830 Poquoson Avenue
Poquoson, VA 23662

PRSR STD
U S Postage
PAID
Hampton, VA
Permit No. 2025

Postal Patron



City of Poquoson
Community Participation Team

The City of Poquoson is reviewing its current **Comprehensive Plan** to guide future decisions and investments in Poquoson.

The **Community Participation Team** is a citizen's committee working to generate discussion and feedback from all citizens, businesses & property owners.

We Want To Hear From YOU!

Tuesday, October 18, 2016 7:00—9:00 PM

Poquoson High School Cafeteria

Learn about the current Comprehensive Plan. Express your thoughts & ideas on issues that matter to you. For more information visit www.poquoson-va.gov/346/comprehensive-plan-update