City of Poquoson Department of Emergency Management





TIPS FOR WINTER WEATHER PREPAREDNESS

- Get a kit. You'll need emergency supplies on hand at home, in the car and at work.
 - For home, start with these basics: three days' food and water; a battery-powered and/or hand-crank radio with extra batteries; and a family emergency plan. After getting these supplies, add a first aid kit, medications if needed, blankets and warm clothing, supplies for special members of your household, and pet items.
 - o For your car, start with some bottles of water and food bars; bag of sand or kitty litter to provide traction under tires; hats, gloves and blankets; and cell phone charger.
 - For your office, have some bottles of water and food bars and a radio to hear local information about whether or not it is safe to travel. Officials may advise staying in place until it is safe to travel.
- Make a plan. Choose an out-of-town relative or friend to be your family's point of contact for
 emergency communications. Decide on a meeting place if your family cannot return home
 because of closed roads. Discuss with your family what you would do in case of severe winter
 weather in your area.
- **Stay informed**. Before, during and after a winter storm, listen for up-to-date information from your local media and emergency officials. Local media will give instructions from local, state and federal agencies that cover road conditions, winter storm watches and warnings, power outages and health information. Make sure your battery-powered radio is working and you have extra batteries in case the electricity goes out.

ADDITIONAL WINTER SAFETY TIPS

- Keep space heaters at least three feet from other objects. Never leave space heaters unattended. Install a smoke detector in every bedroom and on each level of your home. Check the batteries monthly, and replace them once a year at the same time every year.
- In case of power outages, use flashlights instead of candles for light.
- Use generators only outdoors and only in well ventilated areas.
- Make sure outdoor pets have adequate shelter, unfrozen water and food.
- If your household includes someone with special needs (has a disability, requires electricity to operate home medical equipment, needs to go to dialysis, etc.) call your local emergency manager to let them know where you live and what you will need during an emergency.

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- Driving is most dangerous when the temperature is at or under 32° F. If the road is wet, patches of ice are possible, especially on bridges and curves. Avoid using cruise control in winter weather conditions.
- Keep a safe distance of at least five seconds behind other vehicles and trucks that are plowing the road.
- Don't pass a snowplow or spreader unless it is absolutely necessary. Treat these as you would emergency response vehicles.
- Keep an emergency winter driving kit in your car.
- Familiarize yourself with the terms that are used to identify winter weather.
 - o Freezing Rain creates a coating of ice on roads and walkways.
 - Sleet is rain that turns to ice pellets before reaching the ground, causing roads to freeze and become slippery.
 - o Winter Weather Advisory: cold, ice and snow are expected.
 - Winter Storm Watch: severe weather, such as heavy snow or ice, is possible in the next day or two.
 - Winter Storm Warning: severe winter conditions have begun or will begin very soon.
 - o Blizzard Warning: heavy snow and strong winds will produce a blinding snow, near zero visibility, deep drifts and life-threatening wind chill.
 - o Frost/Freeze Warning: below-freezing temperatures are expected.